



**Southwestern style vegetable patty with brown rice, black beans and chipotle pepper.**

**Ingredients:** Brown Rice, Onions, Green Chilies, Corn, Black Beans, Canola Oil, Chipotle in Adobo (Chipotle Pepper, Water, Tomato Puree, Vinegar, Soybean Oil, Salt, Sugar, Onion, Garlic Powder, Spices), Soy Protein Concentrate, Red Peppers, Wheat Gluten, Textured Soy Flour, Organic Tamari (Water, Organic Soybeans, Salt), Filtered Water, Green Peppers, Methylcellulose, Sea Salt, Brown Sugar, Garlic, Natural Flavors, Spices.  
**ALLERGENS:** Contains Soy, Wheat

### Cooking Guidelines:

**Oven:** Place frozen patties on baking sheet in 350° oven for 10-12 minutes, turning once.

**Skillet-Stove Top:** Heat patty in non-stick skillet over medium heat, approximately 3 minutes on each side.

**Microwave:** Place patty on microwaveable dish. Heat on "high" for approximately 2 minutes. (Microwave times may vary).

**Deep Fryer:** Deep fry in basket for two minutes until fully heated.

**NOTE:** Product should always be cooked to minimum internal temperature of 165° F. Keep Frozen.

Nutritional Values are calculated from USDA Nutrient Database, supplier information, and/or analysis.

#BB425  
 DOT #714394  
 UPC: 705723014104



Pack: 36/4.25 oz  
 Gross weight: 10.80 lbs  
 Item #: BB425  
 LxWxH: 13.75"x 9.63"x 4.5"  
 Ti/Hi: 12x12

### Nutrition Facts

36 servings per container  
**Serving size 1 patty (120g)**

Amount per serving  
**Calories 220**

	% Daily Value*
<b>Total Fat</b> 10g	<b>13%</b>
Saturated Fat 1g	5%
Trans Fat 0g	
<b>Cholesterol</b> 0mg	<b>0%</b>
<b>Sodium</b> 480mg	<b>21%</b>
<b>Total Carbohydrate</b> 20g	<b>7%</b>
Dietary Fiber 6g	21%
Total Sugars 4g	
Includes 1g Added Sugars	1%

<b>Protein</b> 12g	
Vitamin D 0mcg	0%
Calcium 56mg	4%
Iron 2mg	10%
Potassium 539mg	10%

\*The % Daily Value (DV) tells you how much a nutrient in a serving of food contributes to a daily diet. 2,000 calories a day is used for general nutrition advice.

## Serving Suggestions

From a classic burger on a bun to a lettuce wrap, Franklin Farms Veggie Burgers are great for lunch or dinner!

Enjoy with a variety of toppings and sauces!



## Recipe

### Black Bean Chipotle Quesadilla

#### Ingredients:

Black Bean Chipotle Veggie Burger, Cheddar Cheese, Corn Tortillas, Salsa, Guacamole, oil

#### Directions:

Cook veggie burger according to supplier directions and set aside. In a skillet over medium heat, add 1 Tablespoon of oil and add bottom tortilla followed by a sprinkle of cheese.

Add the veggie burger followed by more cheese. Top with the other tortilla. Cook each side until golden and crisp.

Serve with salsa, guacamole and chips. Enjoy!